



**Presbyterian Aged Care**

Phone 1800 722 679

Email [caresupport@pcnsw.org.au](mailto:caresupport@pcnsw.org.au)

Web [www.pacnsw.org.au](http://www.pacnsw.org.au)

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# Commonwealth Home Support Programme



Presbyterian Aged Care (PAC) offers a range of services and support to help you stay living independently in your own home for longer. We can make your life easier and give you peace of mind knowing that you don't have to do everything yourself anymore.

## CHSP at PAC

The Commonwealth Home Support Programme (CHSP) is a government-funded program that supports older people who are still managing well at home but require some extra assistance. It can provide you with help in managing daily household tasks and with your personal care. CHSP can also help you stay connected with your local community by subsidising social groups and activities.

The CHSP is ideal for older people who require a small amount of help in their home and offers low-level support.

## Why Choose PAC?

At Presbyterian Aged Care we have over 75 years' experience caring for older people. We are one of Australia's most experienced and trusted aged care service providers. We are a not-for-profit, faith-based organisation and welcome clients of all religions.

Our caring Home Care staff are selected for their professionalism and friendly nature and undergo a rigorous recruitment process. We understand how important it is to send the right people into your home.

## What services does CHSP provide?

PAC offers the following CHSP services:

- **Domestic Assistance** – Housework, laundry, cleaning, meal preparation
- **Personal Care** – Support with daily tasks such as dressing, grooming and showering
- **Social Support** – social groups and activities, Day Centre programs
- **Help with shopping**
- **In-home nursing** – wound care, continence care, medication support
- **Allied Health services** (physiotherapy, podiatry, speech pathology, dietitian, exercise physiologist)
- **Light home maintenance**
- **Garden maintenance**
- **Transport** to appointments and social outings
- **Respite care** (in-home, Day Centre)
- **Specialised support** (dementia, vision, hearing)

## How do I access CHSP Services?

Call our friendly PAC team on **1800 722 679** to discuss which services you could be eligible for to get started.

Our knowledgeable and skilled Home Care team have helped thousands of older Australians access CHSP. We can advise you on which options will help you the most and guide you through the process of applying for CHSP services.

CHSP services are subsidised by the Australian Government and you will need to register with My Aged Care to access them.

You can contact My Aged Care on **1800 200 422** or register online at [www.myagedcare.gov.au/assessment](http://www.myagedcare.gov.au/assessment) to establish your care needs.

## Private Home Care Services

We also offer private home care services that can provide you with immediate access to a range of support options on a fee-for-service basis.

These services can be provided without going through the My Aged Care assessment process and are available in most locations across NSW.

## How do I find out more?

Chat to our friendly team on **1800 722 679**, email us at [caresupport@pcnsw.org.au](mailto:caresupport@pcnsw.org.au) or read more about Home Care on the PAC website [www.pacnsw.org.au](http://www.pacnsw.org.au). We're here to help.

