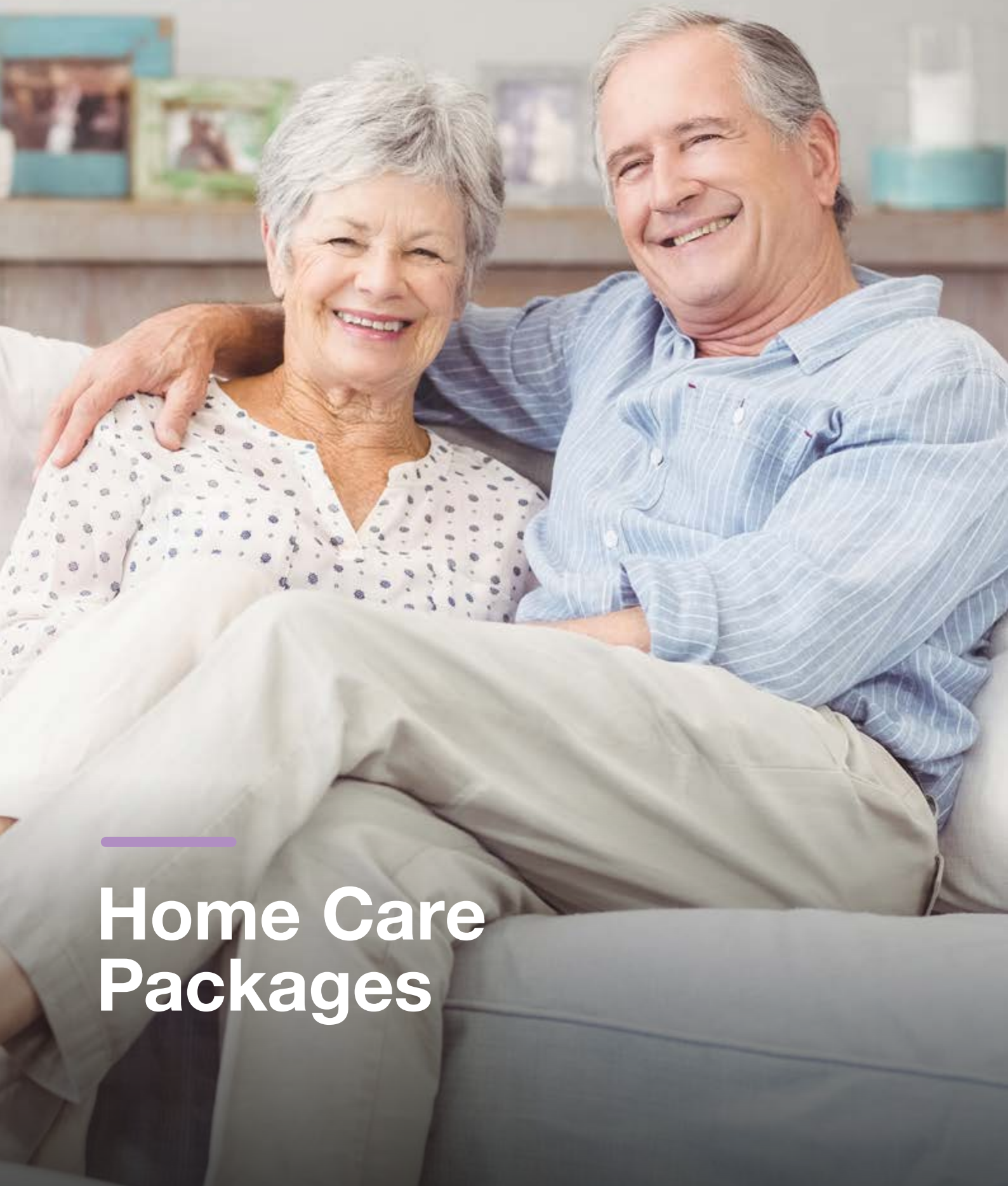




Presbyterian Aged Care



Home Care Packages

**Caring for you
is at the heart of
everything we do.**





Living in your own home can be very beneficial for your mental and physical wellbeing, but as you get older help may be needed to manage day-to-day household tasks and your personal care.

Home Care at PAC

At Presbyterian Aged Care (PAC) we offer a range of Home Care services to help you stay living in your own home for longer. We can make your life easier and give you peace of mind knowing that you don't have to do everything yourself anymore.

PAC is able to provide assistance with both Home Care Packages and the Commonwealth Home Support Programme (CHSP). Self-funded services are also available – even if you haven't yet qualified for funding from the government, you can choose to pay for care in your home right now.

Why Choose PAC?

At Presbyterian Aged Care we have over 75 years' experience caring for older people. We are one of Australia's most experienced and trusted aged care service providers. We are a not-for-profit, faith-based organisation and welcome clients of all religions.

Our caring Home Care staff are selected for their professionalism and friendly nature and undergo a rigorous recruitment process – we understand how important it is to send the right people into your home.

How can a Home Care Package Help?

Depending on your funding approval, PAC can offer the following in-home support services:

- **Domestic Assistance** – Housework, laundry, cleaning, meal preparation
- **Personal Care** – Support with daily tasks such as dressing, grooming and showering
- **Help with shopping**
- **Transport** to appointments and social events
- **In-home nursing** – wound care, continence care, medication support
- **Home maintenance**
- **Garden maintenance**
- **Rehabilitation and physical therapy** (physiotherapy, podiatry, speech pathology, dietitian, exercise physiologist)
- **Respite care** (in-home or day centre)
- **Dementia services**
- **Palliative care options**



Home Care Packages

Home Care Packages are ideal for people who have more complex needs and require greater levels of assistance than the Commonwealth Home Support Programme provides. Home Care Packages offer you greater choice and flexibility about the kind of care and support you would like to receive.

There are 4 levels of Home Care Packages subsidised by the Australian Government. Your level is determined by an assessment of your needs by a Government Aged Care Assessment Team (ACAT):

Level 1	Basic care needs
Level 2	Low-level care needs
Level 3	Intermediate care needs
Level 4	High-level care needs

Your My Aged Care assessment will tell you what level is right for you. PAC offers all 4 levels and is an approved Government provider of Home Care services.

How much will it cost?

Each level of Home Care Package has a different amount of funding. If your personal circumstances allow, the Government may require you to make a small contribution.

Any fees will be discussed and agreed upon with PAC before you start to receive any services from us.

Call our friendly team on 1800 722 679 to find out more.

Expert Case Managers

Once you are approved and choose PAC, one of our friendly Case Managers will visit you at your home to discuss how we can help you get the most from your Home Care Package. They will assist you in making choices about the type of services you want, discuss costs and advise you on how best to use your funding. Your Case Manager will ensure you receive the right care to support you living independently.

Working in Home Care gives me the fulfilment of helping older people and making a positive difference in their lives.

Sami, Case Manager



Home Care, Your Way

The Home Care services you receive will be tailored to your particular needs. Our Home Care plans are prepared collaboratively with you, and independence is encouraged at all times.

You will be the driver of the care you receive and the help you want. And as your needs change, the services you receive from us can also change.

How do I get started?

It's easy to get started. First contact My Aged Care on 1800 200 422 or visit their website at www.myagedcare.gov.au to establish your care needs and whether a Home Care Package is right for you.

You'll then be referred to an Aged Care Assessment Team (ACAT) for an eligibility assessment. Once you have your ACAT approval, the next step is to choose a provider to deliver your Home Care Package.

You can request that your assessment be referred only to Presbyterian Aged Care, otherwise it will be broadcast to every Approved Provider and they all can contact you.

How do I find out more?

Call us today to find out more about PAC Home Care, how it works and how it will help you. Chat to our friendly PAC team on **1800 722 679**, email caresupport@pcnsw.org.au or read more about Home Care on the PAC website. www.pacnsw.org.au

Presbyterian Aged Care

Phone 1800 722 679

Email caresupport@pcnsw.org.au

Web www.pacnsw.org.au