



THE TERRACES
PADDINGTON



Presbyterian Aged Care

Residential Aged Care



Celebrating **75** years
of
Aged Care Services

40 years
at
Paddington

Presbyterian Aged Care Celebrating 75 years of aged care services 40 years at Paddington



When it's getting difficult to stay living at home, there's still so much you can look forward to in our residential aged care homes. Your new home will be a place of warm relationships, independence and fun.

Presbyterian Aged Care's highly trained nursing and care staff are there for you, to ensure you live as independently and fully as possible.

At Paddington we provide ageing in place, low & high care, dementia specific sections with sensory gardens, palliative care and much more. The full range of allied health services, chaplaincy, activities and other services are also available.

You can have confidence in PAC due to our 75 years of aged care experience and our vision, mission & values all placing people first.

Cost and payments vary depending on the room and your circumstances. Please contact us for these details.

Vision: providing a caring and spiritual environment where people can grow old in the way that suits them best. Our primary aim is to deliver the highest possible quality of life for older people.

Mission: to provide care and accommodation for older people, with a commitment to excellence inspired by the life and teaching of the Lord Jesus Christ.

Presbyterian Aged Care (PAC) starts your high quality care before you arrive. You and or your carer/relative will have a pre-admission discussion meeting.

Here a personalised and tailored care plan for your physical, social, emotional and spiritual needs will be developed. You and your carer/relative are involved in the decisions for this plan for you.

In the first few weeks after you move in, you and or your carer/relative will meet with PAC again to make sure the plan is working for you. This will be revisited on a regularly basis. Your choices and individuality are respected right across all of your choices.

Some of your choices will involve your meals and refreshments from our menu developed by a qualified dietician. Some will centre on your lifestyle and recreational choices from a wide range of in residence and external activities. Whatever the area, you and or your carer/relative will be involved in the choices.

Some of the care services available are:

- 24 X 7 onsite registered nurses
- Comprehensive range of allied health professionals to support you (podiatry, physio, OT etc)
- Memory support and dementia care services that support quality outcomes for residents with memory loss
- Palliative care and associated support to residents and their families





Your new home

Residential aged care dining and lounge rooms where you and your friends will enjoy home-style meals, fun and friendship together.



Call now on 1800 708 067 or email paddington@pcnsw.org.au



After 40 years in Paddington, PAC is building a brand new residential aged care home on the same site.

The Terraces Paddington welcomes everyone from anywhere in Sydney and around the world. Wherever you're from, you'll enjoy a home with design standards that reflects the expectations of people from Sydney's Eastern Suburbs.

It is built with these and modern needs in mind. Rooms, ensuites, dining and activity areas, lounge and other areas are larger and much more flexible.

Level 6 is finished to a higher quality and is able to cater for additional services such as greater meal choice, fine dining experiences etc.

Each room is equipped with a modern TV and connectivity for internet, phone and Pay TV should you desire.

The home has a hairdressing salon, hydrotherapy spa, wireless nurse call systems, a beautiful café and much more.

All meals will be prepared onsite through our home style kitchen.

Services at The Terraces

At The Terraces, PAC is complementing our high standards of care with a beautiful environment in which to live and thrive. Architects and interior designers who are aged care specialists have created this warm home.

All areas of The Terraces feature:

- Multiple lounges and quiet areas
- Refreshment centres available with tea, coffee etc.
- Samsung Smart TV to each bedroom (stream service ready)
- Resident WI-FI
- Wissner-bosserhoff bed frames & pressure care mattresses
- State-of-the-art interactive Acetek nurse call system
- Full service café
- Beauty therapist & hairdresser services available

Special features in our area catering for dementia and memory support residents:

- Sensory garden & walkway
- Outdoor shaded pergola
- Discrete advanced technology for dementia monitoring
- Communal and quiet areas

Special features of our roof top luxury residential care:

- Local and district views
- Client liaison team member to provide assistance to residents and their families
- Twining's teas, coffee machine, fruit and biscuits available in all communal areas at all times
- An extended menu with additional choices/options for meals
- Premium linen, soft furnishings and bathroom products
- Selected rooms with private balconies



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Visit our website for more information
www.pacnsw.org.au/paddington**